

Untangling our confused thinking when we use the term “Dental Caries”

“Dental caries” is a preventable, multifactorial, life-style associated, microbial, chronic non-communicable disease (NCD) affecting individuals with their biology, their attributes, their health related behaviours, in their cultural, socio-economic, and physical environments.

The patho-physiology of “Dental caries” occurs when there is unbalanced dynamic process involving repeated cycles of demineralisation and remineralisation in a biofilm which results in the net loss of mineral from the dental hard tissues

The sign that a person is experiencing the disease of “Dental caries” is a lesion under the biofilm in the dental hard tissues of enamel, dentine, or cementum exposed to the oral environment

